

GROA training

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Agenda

- Gauteng champs overview
- ID checks
- Boat weighing
- Marshalling
- Two minute rule
- Bow balls
- Medical substitutions
- Drones

Gauteng champs

- Last race each day was within 1 minute of scheduled time
- 8 heads races, 112 other races
- 971 crews including finals
- 12% IDs checked
- 9% of boats weighed after racing
- All coxes ballast was checked at incoming jetty
- 0 objections, 1 protest (upheld)
- Late at start: 2 warnings, 3 exclusions

Gauteng Champs incidents

- Bishops caught on rope held start
- Race set off without one crew that was in holding area
- Fishermen shooting at crews with catapults
- ID cards: 17 Yellow cards
- 2 medical substitutions
- Crew prevented from going on water with broken bow ball

ID Files

- Files must be sorted
 - By age group, then alphabetically
- Must have photos

- Random selection for crew checks
- No file or no photo – Yellow Card

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Boat weighing

- Random selection done by PoJ
- Communicated only to control commission
- Selection must not be publicised
- Tell crew their boat is selected when boat is out of water

Marshalling

- When lots of heats at 1000m, 2000m marshall should assist
- Important to keep crews close to line and not spread out to 1500m
- Umpire must get into position
 - Act as a marker for crews to line up behind
- If crew cannot get onto line, exclude them
 - Cannot hold up regatta for a single crew

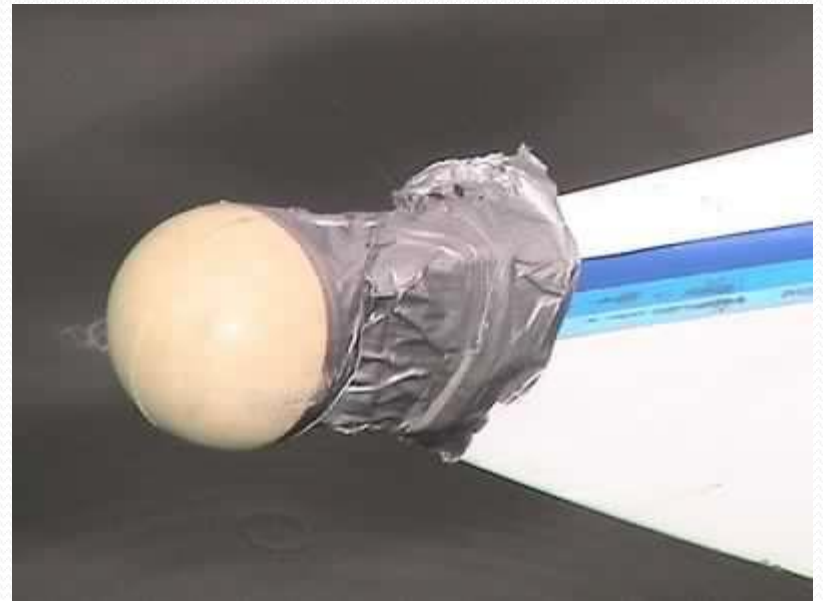
Two minute rule

- Must be strictly enforced
- Crews must be in lanes ready for aligner at 2 minutes
- Hand over to aligner at 2 minutes
- If a late crew can be included without holding up race, then Yellow card, otherwise Exclusion
- Regatta time - must use GSM time



Bow balls

- Must check that they are not perished
- Must not be held on with tape – must be screwed or glued



Medical substitutions

- After first heat, need doctors letter to do a medical substitution
- What if rower recovers, and can row again?



Drones

- Rules for drones



Have Fun